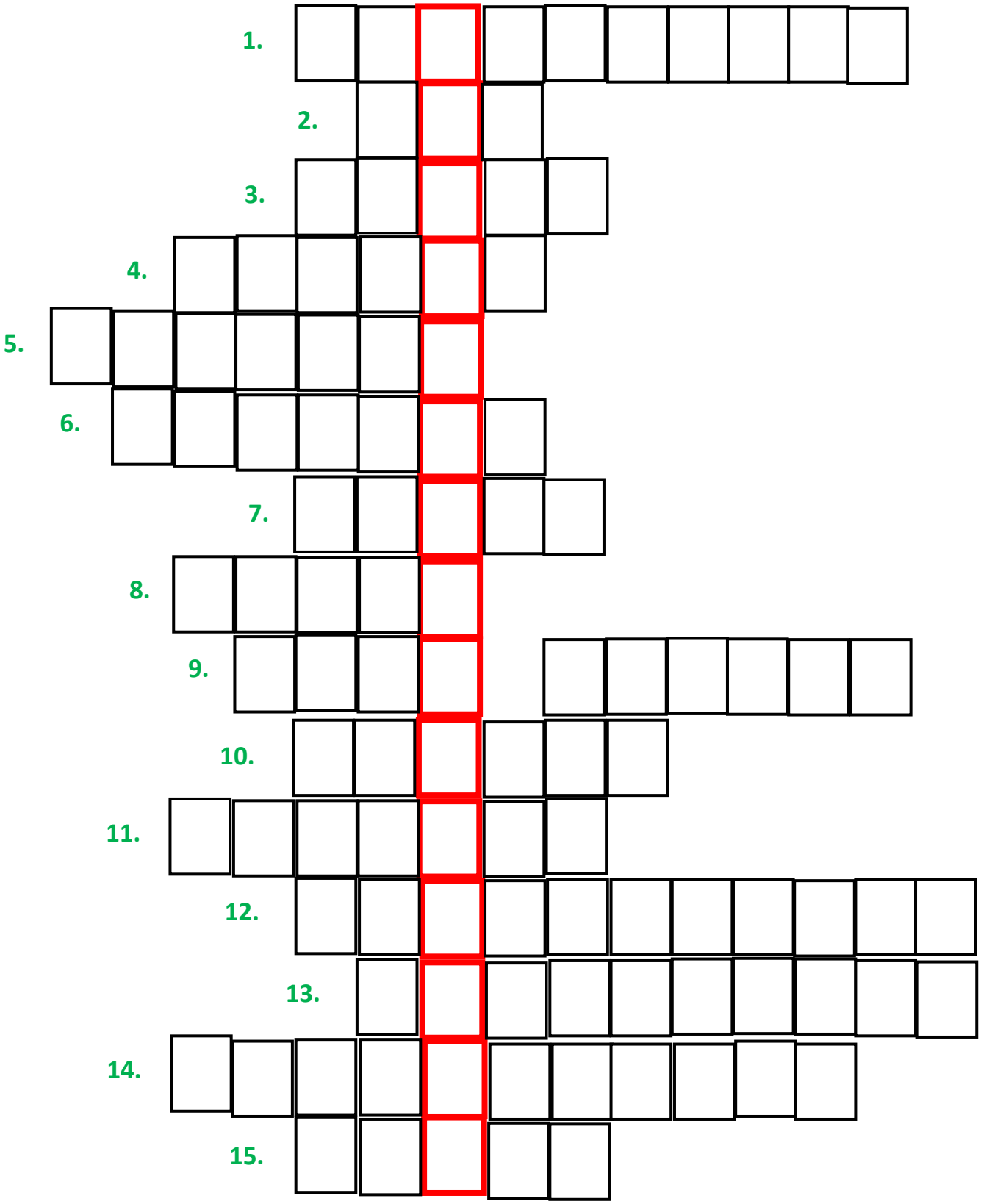Relaxace u nás na zahradě